

# II INTERNATIONAL PATHOLOGY MEETING ALONG THE WAY TO SANTIAGO

FROM PORTO, PORTUGAL, TO SANTIAGO DE COMPOSTELA, SPAIN

21 - 29 MAY 2010



[www.waytosantiago-pathologymeeting.com](http://www.waytosantiago-pathologymeeting.com)

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## SUPPORTING ORGANIZATIONS

Spanish Society of Pathology  
Portuguese Society of Pathology  
European Society of Pathology  
Facultad de Medicina  
Universidade de Santiago de Compostela  
Complejo Hospitalario Universitario Santiago de Compostela  
University of Porto  
Consellería de Sanidade - SERGAS.

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## FACULTY

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Robert Kurman, M.D.  
Gregory Lauwers, M.D.  
María Merino, M.D.  
Elizabeth Montgomery, M.D.  
José Luis Rodríguez-Peralto, M.D.  
Juan Rosai, M.D.  
Fernando Schmitt, M.D.  
Stuart Schnitt, M.D.  
Manuel Sobrinho-Simões, M.D.  
Fattaneh Tavassoli, M.D.  
Robert Young, M.D.



## INTERNATIONAL PATHOLOGY MEETING ALONG THE WAY TO SANTIAGO

MAY 21-29, 2010

Dear Pathologist Colleague:

On mid May, 2004, the five of us were fortunate enough to participate in the most original, successful and enjoyable pathology meeting any of us had ever attended. It was a pathological pilgrimage that took place not in a single location but along a sacred route, the Camino de Santiago.

The Camino de Santiago – the way to St. James - is the ancient pilgrims' route to Santiago de Compostela, in Northwest Spain. James Michener, in his book *Iberia*, describes it as “one of the two or three finest journeys in the world, a two-fold pilgrimage to a long-dead form of art and to a living religious shrine.” During the Middle Ages there were three locations upon which the imagery of the Christian Church depended: Jerusalem, Rome, and Santiago. Those who went to Jerusalem were called palmers and those who went to Rome were romeros, but only those who went to Compostela were entitled to be called pilgrims. The pilgrimage to Santiago began around 900 AD. In medieval times about half-million pilgrims moved along the road each year, despite Erasmus of Rotterdam's warning that “one has to be crazy to go to Santiago”. They were helped by the first tourist guide ever produced in Europe, the *Codex Calixtinus*, written by Aimery Picard, a cleric from Poitou, in the 12th Century. Some of those pilgrims were Charlemagne (778 AD), King Alfonso II of Spain (813 AD), El Cid Campeador (1064 AD), King Louis VII of France (1154 AD), St. Francis of Assisi (1214 AD) (“taking quite a few monks along”), King James III of Scotland and England (1719 AD), and – in more recent times – Pope John XXIII, Pope John Paul II, and Shirley McLaine (strange bedfellows). Goethe went as far as stating that the spirit of Europe developed along the way of this pilgrimage. In 1987 the European Council declared the Camino de Santiago the “first European cultural itinerary”. At present, there are about 70,000 people taking the pilgrimage each year, with the number almost doubling on Holy years, which 2010 happens to be.

According to Michener, during the middle ages the pilgrims were divided into seven fairly well distinct groups. First were the devout Christian laymen; second were knights; third were monks, priests, and even a few cardinals; fourth were criminals who had been told by their judges “Five years in jail or a pilgrimage to the tomb of St. James, whichever”; fifth were beggars, forgers, thieves, robbers and other unsavory characters; sixth were merchants, architects, itinerant painters, and weavers; and seventh were Spanish government agents and French clerics keeping a watch on this unquiet land. To this we added in 2004 an eighth group, that of pathologists, and buoyed by the success of the enterprise we will do it again in 2010.

For our previous pilgrimage, we chose El Camino Francés (the French route), the best known of the ten or so routes leading to Santiago. This time we will be taking the second most spectacular and popular route, i.e., El Camino Portugués (the Portuguese route), which started in the high medieval period and intensified following Portugal's independence in the mid 12th Century. It has the special distinction of being the route most intimately connected with the life, ministry, death and burial of St. James. The route follows the Atlantic coast of Portugal and Spain through stunning and unspoiled countryside. It starts in the medieval heart of Porto in northwest Portugal and continues northwards, crossing the rivers Lima and Minho, where it enters Spain. Still heading North, it crosses the river Ulla at Padrón before arriving to Santiago. The total distance is about 241 Km (150 miles), divided into 126 Km (78 miles) for the Portuguese portion and 115 Km (72 miles) for the Spanish portion.

Day 1 will be the arrival day to Porto for most of the participants, with check-in at the Ipanema Park Hotel and dinner on their own.

On Day 2, participants will attend lectures during the day and the Opening lecture by Dr. Manuel Sobrinho-Simões, a private concert, and a welcoming dinner at the Casa da Música of Porto in the evening.

Starting on Day 3, the Course schedule will consist in alternating days of travel and lecturing. The travel days will be composed of 3 walks about 12 Km/7.4 miles long each, combined with approximately 205 Km/127 miles on bus. The walking stretches have been selected in each instance by taking into account their attractiveness and ease. The motorized portion of the trip will take place on luxury buses rented for the exclusive use of the participants for the entire duration of the Course. In addition, a small van will be on-call to assist Course participants during the walking stretches if needed. Additional facilities will include medical emergency services, local guides, and a photographer who will document on pictures and videos the progress along the route.

Each of the lecture days will take place in the Auditorium of a local institution of a different city (Porto, Viana de Castelo, Baiona and Santiago) under the auspices of a local host pathologist. There will be 7 lectures in the morning (with a coffee break between the third and the fourth) and 6 lectures in the afternoon. The last lecture of the day will end at 5.30 P.M., thus giving the Course participants about 3 hours to visit that particular city with the help of the tour guide or on their own.



During Day 3 (the first walking day) we will tour Porto in the morning and walk from Ponte de Lima to Labruja along the Route Braga-Ponte de Lima-Valença (12 Km/7.4 miles) in the afternoon. This was the way followed by St. Francis of Assisi, the first Portuguese kings, and Queen Santa Isabel in 1325.

During Day 5 (the second walking day) we will go from Âncora to Caminha (at the mouth of the Minho river) following the Porto-Viana do Castelo-Caminha-Valença-Tui route (12 Km/7.4 miles). This route, known as the “maritime way”, was taken by several kings and queens during the 18th and 19th centuries, including King D. Manuel the 1st in 1502. We will cross the Minho river in the city of Caminha using the ferry boat at the end of the Rua Direita (Straight street). On the other side of the river is A Guarda, a quaint harbour village featuring the Jesuit monastery where Manuel Oliveira, the legendary 100-year-old Portuguese film maker, studied as a teenager. A Guarda is located at the feet of the Santa Tecla mountain, a perfectly conical hill, where we will have lunch. At Santa Tecla there is a very interesting Citania (the remains of a fortified dwelling from the Second Iron age) and an Archeological Museum. The accompanying persons will visit Valença and Tui during the lectures’ day in Baiona.

Day 7 (the last walking day) will be the Spanish (Galician) portion of the trip. For this, we will be walking from San Martino to Santiago, following the route along Pontevedra and Padrón, where the corpse of the Saint is said to have been brought by boat.

The interesting sights along the Way are plentiful. A chapel we will visit near Ponte de Lima was the site of a “pious robbery” by the Archbishop of Santiago at the beginning of the XII century. He took the best pieces of the Chapel and brought them to Santiago. Perhaps as a divine compensation, this chapel was enriched in medieval times by the presence of St. Abadao, an Italian Saint who was returning from Santiago and decided to settle there. During his pilgrimage to Santiago, St. Francis of Assisi visited this chapel, since he took the same route we will be following on our first walking day. D. Manuel the 1st, King of Portugal, took in 1502 the same way along the sea we will be following on the second walking day. He went to Santiago to thank the Saint for the discovery of India (1498) and Brazil (1500) by the Portuguese explorers, and donated funds to build the Hostal dos Reyes Catolicos. We will stay for two days in Viana do Castelo. In that city, D. Manuel restored the Fortress of Santiago, which will be the place for the lectures and buffet lunch. In Viana, he provided financial support for the refurbishing of the Hostal of Pilgrims, originally built in 1468 and today known as the old Hospital (Hospital Velho). Along the coast we will pass the Chapel of Saint Isidoro, where St. James is said to have performed several miraculous cures.

As in 2004, the trip climax will be the arrival to the city of Santiago on Day 7 and the entrance to the Cathedral. Since 2010 is a Holy Year in Santiago (the second of this millennium), this entrance will be through the Holy Door (also known as the Door of Forgiveness), the Cathedral door that is open only on this occasion. The last academic session will take place on the morning of Day 8 at the Medical School of the University of Santiago de Compostela and will consist of a Surgical Pathology Seminar run by Drs. Juan Rosai (5 cases), Jerónimo Forteza-Vila (2 cases) and Manuel Sobrinho-Simões (1 case), followed by the Closing Lecture by Dr. Jerónimo Forteza-Vila. The group will then attend a special mass at the Cathedral of Santiago, which will feature the great botafumeiro in full swing.

After a leisurely visit to Santiago on Friday afternoon, a gala dinner and a well-deserved restful night, the participants will be free to return to their homes on Saturday, May 29, or to begin a vacation of their own.

## REFERENCES

- Brierley, John: A pilgrim’s Guide to The Portuguese Way of St. James. Porto to Santiago de Compostela. Published by Camino Guides, Scotland, 2005.
- [www.caminhoportugues.web.pt](http://www.caminhoportugues.web.pt) said to be the most comprehensive web site on the Portuguese route. It includes information on alternative routes. (Alas, it is in Portuguese)
- The Minstrels Way. A guided walking tour along part of the Camino Portugués from Ponte de Lima to Santiago [www.portugalwalks.com/tour13.htm](http://www.portugalwalks.com/tour13.htm)
- Friends of the Road to Santiago. Based at Rhode Island and best contacted through their web site [www.geocities.com/friends\\_usa\\_santiago](http://www.geocities.com/friends_usa_santiago)

## ROUTE PORTIONS ON FOOT

DAY	PORTION ON FOOT	DISTANCE
3	Ponte de Lima/Labruja	12 Km/7.4 miles
5	Âncora/Caminha	12 Km/7.4 miles
7	San Martino/Santiago	12 Km/7.4 miles



## SCIENTIFIC PROGRAM

### SATURDAY, MAY 22

#### MORNING SESSION: GASTROINTESTINAL PATHOLOGY

- 09:00-09:30 AM: Gastritis: beyond *Helicobacter pylori*  
Dr. Gregory Lauwers
- 09:30-10:00 AM: Pathology and genetics of familial gastric cancer  
Dr. Fátima Carneiro
- 10:00-10:30 AM: Small intestinal pathology: Topics and pitfalls  
Dr. Elizabeth Montgomery
- 10:30-11:00 AM: Coffee break
- 11:00-11:30 AM: The biological meaning of intestinal metaplasia of the gastroesophageal junction  
Dr. Paula Chaves
- 11:30-12:00 AM: Biopsy diagnosis of non-IBD colitis  
Dr. Gregory Lauwers
- 12:00-12:30 PM: Molecular pathology tools in gastrointestinal pathology  
Dr. Fátima Carneiro
- 12:30-1:00 PM: Colorectal polyps: Sporadic and syndromic  
Dr. Elizabeth Montgomery
- 01:00-02:30 PM: Lunch

#### AFTERNOON SESSION: SKIN, SOFT TISSUES AND BONE

- 02:30-03:00 PM: New knowledge of fibro-osseous lesions of bone  
Dr. Howard Dorfman
- 03:00-03:30 PM: Morphologic clues in vascular tumors  
Dr. Juan Rosai
- 03:30-04:00 PM: Morphologic clues in dermatopathology  
Dr. José Luis Rodríguez-Peralto
- 04:00-04:30 PM: The spectrum of benign osteoblastic tumors  
Dr. Howard Dorfman
- 04:30-05:00 PM: GIST and its mimics  
Dr. Juan Rosai
- 05:00-05:30 PM: Emergency dermatopathology  
Dr. José Luis Rodríguez-Peralto
- 05.30 PM: End of session

### MONDAY, MAY 24

#### MORNING SESSION: GENITO-URINARY PATHOLOGY

- 09:00-09:30 AM: Kidney: Rereading the renal cell tumors  
Dr. Ferrán Algaba
- 09:30-10:00 AM: What is new in renal pathology?  
Dr. María Merino
- 10:00-10:30 AM: Pseudotumors of the urinary bladder



- Dr. Robert Young
- 10:30-11:00 AM: Coffee break
- 11:00-11:30 AM: Diagnosis and classification of flat, papillary and invasive urothelial carcinoma  
Dr. Jonathan Epstein
- 11:30-12:00 AM: Grading of urologic tumors: Is it still useful?  
Dr. Ferrán Algaba
- 12:00-12:30 PM: Radical prostatectomy: Processing, staging and prognosing – Part I  
Dr. Jonathan Epstein
- 12:30-01:00 PM: Radical prostatectomy: Processing, staging and prognosing – Part II  
Dr. Jonathan Epstein
- 01:00-02:30 PM Lunch

#### **AFTERNOON SESSION: HEMATOLOGY AND GENITO-URINARY PATHOLOGY**

- 02:30-03:00 PM: Differential diagnosis of classic Hodgkin's lymphoma  
Dr. Jerónimo Forteza-Vila
- 03:00-03:30 PM: Advances in the molecular morphology of hematopathology  
Dr. Fabio Facchetti
- 03:30-04:00 PM: Burkitt lymphoma and diffuse aggressive B-cell lymphoma  
Dr. Jerónimo Forteza-Vila
- 04:00-04:30 PM: Tumors of the spleen  
Dr. Fabio Facchetti
- 04:30-05:00 PM: Mimickers of prostatic intraepithelial neoplasia  
Dr. Jonathan Epstein
- 05:00-05:30 PM: The problematic testicular tumor  
Dr. Robert Young
- 05:30-06: 00 PM: Ovarian tumors of the young  
Dr. Robert Young
- 06: 00 PM: End of Session

#### **WEDNESDAY, MAY 26**

#### **MORNING SESSION: BREAST AND GYNECOLOGIC PATHOLOGY**

- 09:00-09:30 AM: Will molecular classification replace traditional breast pathology?  
Dr. Stuart Schnitt
- 09:30-10:00 AM: Correlation between gene GEP-based molecular and conventional morphologic classification of breast cancer  
Dr. Fattaneh Tavassoli
- 10:00-10:30 AM: Identifying therapeutic targets in clinical practice: Lessons learned from the HER2/Herceptin story  
Dr. Stuart Schnitt
- 10:30-11:00 AM: Coffee break
- 11:00-11:30 AM: Lobular neoplasia: Evolution of its significance and morphologic spectrum  
Dr. Fattaneh Tavassoli
- 11:30-12:00 AM: Problems and pitfalls in the interpretation of endometrial biopsies  
Dr. Robert Kurman



- 12:00 AM-12:30 PM: Malignant mesothelioma mimicking ovarian cancer  
Dr. María Merino
- 12:30-1:00 PM: Serous borderline tumors of the ovary: Beyond the border of the borderline  
Dr. Robert Kurman
- 01:00-02:30 PM: Lunch
- 05.30 PM: End of session

#### **AFTERNOON SESSION: THYROID AND CYTOPATHOLOGY**

- 02:30-03:00 PM: Hot topics in papillary thyroid carcinoma  
Dr. Manuel Sobrinho-Simões
- 03:00-03:30 PM: The pathologist's role in familial non-medullary thyroid tumors  
Dr. José Cameselle Teijeiro
- 03:30-04:00 PM: Thyroid cytology: Is FNA still the best first diagnostic approach?  
Dr. Fernando Schmitt
- 04:00-04:30 PM: Uncommon tumors of the thyroid gland  
Dr. José Cameselle Teijeiro
- 04:30-05:00 PM: Molecular pathology: Diagnostic and prognostic relevance  
Dr. Manuel Sobrinho-Simões
- 05:00-05:30 PM: Demystifying molecular cytopathology  
Dr. Fernando Schmitt

#### **FRIDAY, MAY 28**

#### **SURGICAL PATHOLOGY SEMINAR**

- 10:00- 10:20 AM Case 1  
Dr. Juan Rosai
- 10:20- 10:40 AM Case 2  
Dr. Jerónimo Forteza-Vila
- 10:40- 11:00 AM Case 3  
Dr. Juan Rosai
- 11:00- 11:20 AM Case 4  
Dr. Manuel Sobrinho-Simões
- 11:20- 11:40 AM Case 5  
Dr. Juan Rosai
- 11:40- 12:00 AM Coffee break
- 12:00 AM – 12:20 PM Case 6  
Dr. Jerónimo Forteza-Vila
- 12:20 – 12:40 PM Case 7  
Dr. Juan Rosai
- 12:40 – 01:00 PM Case 8  
Dr. Juan Rosai

#### **CLOSING LECTURE**

- 01:00 – 02:00 Closing lecture  
Dr. Jerónimo Forteza-Vila



## MEETING SCHEDULE



### DAY 1 (FRIDAY 21)

Arrival of participants to Porto throughout the day.  
Reception and delivery of course documentation at the Hotel. Accommodations:  
Tiara Park Atlantic Porto Hotel, Porto  
07:30 – 10:00 PM Buffet dinner at the Tiara Park Atlantic Porto Hotel, Porto

### DAY 2 (SATURDAY 22)

#### COURSE OPENING

07:30 – 08:30 AM Breakfast at the Tiara Park Atlantic Porto Hotel, Porto  
08:35 AM Bus transfer to Conference Center (Almeida Garret Municipal Library)  
09:00 – 10:30 AM Lectures  
10:30 – 11:00 AM Coffee break  
11:00 AM – 1:00 PM Lectures  
01:00 – 02:30 PM Lunch in Conference Center for participants  
02:00 PM Lunch for accompanying persons  
02:30 – 05:30 PM Lectures  
07:30 PM Transfer to Casa da Música  
08:00 PM Opening lecture (M. Sobrinho Simões, M.D.), welcoming dinner and concert at Casa da Música, Porto

### DAY 3 (SUNDAY 23)

#### PORTO – VIANA

07:30 – 08:30 AM Breakfast at the Tiara Park Atlantic Porto Hotel, Porto  
08:45 AM Bus transfer to Porto Cathedral and visit  
10:45 AM Bus transfer to Ponte de Lima  
12:00 PM Arrival to Ponte de Lima and visit  
01:00 PM Lunch in Ponte de Lima  
02:45 PM Walk from Ponte de Lima to Labruja, (inland route) 12 km / 7.4 miles  
06:30 PM Transfer to Viana do Castelo  
08:30 PM Dinner at respective hotels in Viana do Castelo

### DAY 4 (MONDAY 24)

#### VIANA COURSE

07:30 – 08:30 AM Breakfast at respective hotels  
08:35 AM Bus transfer to Conference Center (Auditorium of Santiago Fortress)  
09:00 – 10:30 AM Lectures  
10:30 – 11:00 AM Coffee break  
11:00 AM – 1:00 PM Lectures  
01:00 – 02:30 PM Lunch in Santiago Fortress for participants  
02:00 PM Lunch for accompanying persons  
02:30 – 6:00 PM Lectures  
08:15 PM Transfer from respective hotels to Restaurant Hotel Santa Luzia  
08:30 PM Dinner at Restaurant Hotel Santa Luzia



**DAY 5 (TUESDAY 25)****VIANA – BAIONA**

07:30 – 08:30 AM Breakfast at respective hotels  
08:45 AM Bus transfer to Âncora  
09:30 AM Walk from Âncora to Caminha, (coastal route) 12 km /7.4 miles  
01:00 PM Transfer by boat and bus to Monte Santa Tecla  
02:45 PM Lunch in Monte Santa Tecla  
05:00 PM Bus transfer to respective hotels in Baiona  
08:30 PM Dinner at respective hotels

**DAY 6 (WEDNESDAY 26)****BAIONA COURSE**

07:30 – 08:30 AM Breakfast at respective hotels  
08:35 AM Bus transfer to Conference Center (Auditorium of Parador)  
09:00 – 10:30 AM Lectures  
10:30 – 11:00 AM Coffee break  
11:00 AM – 1:00 PM Lectures  
01:00 – 02:30 PM Lunch at the Parador for participants  
02:00 PM Lunch for accompanying persons  
02:30 – 05:30 PM Lectures  
08:30 PM Dinner at respective hotels

**DAY 7 (THURSDAY 27)****BAIONA – SANTIAGO**

07:30 – 08:30 AM Breakfast at respective hotels  
08:45 AM Bus transfer from Baiona to Vilagarcía de Arousa Port  
01:00 PM Catamaran trip along the Ría de Arousa, Santiago maritime route, Arousa Sea  
02:30 PM Arrival at Pontecesures and bus transfer to restaurant San Martiño  
02:45 PM Lunch at Restaurant San Martiño  
04:00 PM Walk from San Martiño to Santiago, 12 Km/7.4 miles (inland route)  
08:00 PM Transfer to respective hotels in Santiago  
09:00 PM Dinner at respective hotels

**DAY 8 (FRIDAY 28)****SANTIAGO – COURSE AND CLOSING CEREMONY**

08:30 – 09:30 AM Breakfast at respective hotels  
09:35 AM Bus transfer to Conference Center (Auditorium of the Medical School, University of Santiago)  
10:00 – 11:40 AM Surgical Pathology Seminar  
11:40 – 12:00 AM Coffee break  
12:00 AM – 01:00 PM Surgical Pathology Seminar  
01:00 – 02:00 PM Closing lecture, (Jerónimo Forteza-Vila, M.D.)  
02:00 PM Lunch (participants and accompanying persons at the Medical School)  
06:00 PM Mass at the Santiago Cathedral and offering to Saint James Apostle  
08:30 PM Transfer to restaurant Hotel Monument San Francisco from hotels  
09:30 PM Gala dinner at Restaurant Hotel Monument San Francisco

**DAY 9 (SATURDAY 29)****SANTIAGO. RETURN HOME**

Depart from Santiago on your own.



## **CANCELLATIONS**

Full refund until December 31, 2009, minus 100 Euro as administrative fee; 50 % refund from January 1 to March 31, 2009; No refund after April 1, 2010. The course will be limited to 170 participants.

## **PROGRAM CHANGES**

The organizers reserve the right to make changes in the faculty roster and course program if unanticipated future events render them necessary.

## **UPDATES AND ADDITIONAL INFORMATION**

Those interested in updates and additional information on this meeting are welcomed to visit the meeting web site or to contact:

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