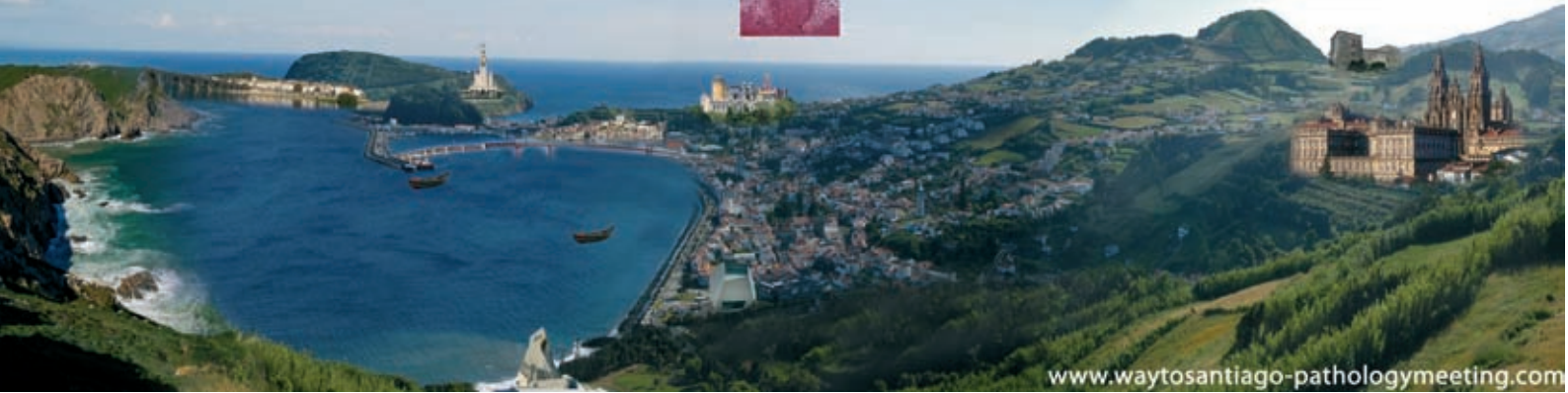


II INTERNATIONAL PATHOLOGY MEETING ALONG THE WAY TO SANTIAGO

FROM PORTO, PORTUGAL, TO SANTIAGO DE COMPOSTELA, SPAIN

21 - 29 MAY 2010



www.waytosantiago-pathologymeeting.com

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European Society of Pathology
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Stuart Schnitt, M.D.
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INTERNATIONAL PATHOLOGY MEETING ALONG THE WAY TO SANTIAGO

MAY 21-29, 2010

Dear Pathologist Colleague:

On mid May, 2004, the five of us were fortunate enough to participate in the most original, successful and enjoyable pathology meeting any of us had ever attended. It was a pathological pilgrimage that took place not in a single location but along a sacred route, the Camino de Santiago.

The Camino de Santiago – the way to St. James - is the ancient pilgrims' route to Santiago de Compostela, in Northwest Spain. James Michener, in his book *Iberia*, describes it as “one of the two or three finest journeys in the world, a two-fold pilgrimage to a long-dead form of art and to a living religious shrine.” During the Middle Ages there were three locations upon which the imagery of the Christian Church depended: Jerusalem, Rome, and Santiago. Those who went to Jerusalem were called palmers and those who went to Rome were romeros, but only those who went to Compostela were entitled to be called pilgrims. The pilgrimage to Santiago began around 900 AD. In medieval times about half-million pilgrims moved along the road each year, despite Erasmus of Rotterdam's warning that “one has to be crazy to go to Santiago”. They were helped by the first tourist guide ever produced in Europe, the *Codex Calixtinus*, written by Aimery Picard, a cleric from Poitou, in the 12th Century. Some of those pilgrims were Charlemagne (778 AD), King Alfonso II of Spain (813 AD), El Cid Campeador (1064 AD), King Louis VII of France (1154 AD), St. Francis of Assisi (1214 AD) (“taking quite a few monks along”), King James III of Scotland and England (1719 AD), and – in more recent times – Pope John XXIII, Pope John Paul II, and Shirley McLaine (strange bedfellows). Goethe went as far as stating that the spirit of Europe developed along the way of this pilgrimage. In 1987 the European Council declared the Camino de Santiago the “first European cultural itinerary”. At present, there are about 70,000 people taking the pilgrimage each year, with the number almost doubling on Holy years, which 2010 happens to be.

According to Michener, during the middle ages the pilgrims were divided into seven fairly well distinct groups. First were the devout Christian laymen; second were knights; third were monks, priests, and even a few cardinals; fourth were criminals who had been told by their judges “Five years in jail or a pilgrimage to the tomb of St. James, whichever”; fifth were beggars, forgers, thieves, robbers and other unsavory characters; sixth were merchants, architects, itinerant painters, and weavers; and seventh were Spanish government agents and French clerics keeping a watch on this unquiet land. To this we added in 2004 an eighth group, that of pathologists, and buoyed by the success of the enterprise we will do it again in 2010.

For our previous pilgrimage, we chose El Camino Francés (the French route), the best known of the ten or so routes leading to Santiago. This time we will be taking the second most spectacular and popular route, i.e., El Camino Portugués (the Portuguese route), which started in the high medieval period and intensified following Portugal's independence in the mid 12th Century. It has the special distinction of being the route most intimately connected with the life, ministry, death and burial of St. James. The route follows the Atlantic coast of Portugal and Spain through stunning and unspoiled countryside. It starts in the medieval heart of Porto in northwest Portugal and continues northwards, crossing the rivers Lima and Minho, where it enters Spain. Still heading North, it crosses the river Ulla at Padrón before arriving to Santiago. The total distance is about 241 Km (150 miles), divided into 126 Km (78 miles) for the Portuguese portion and 115 Km (72 miles) for the Spanish portion.

Day 1 will be the arrival day to Porto for most of the participants, with check-in at the Tiara Park Atlantic Porto Hotel.

On Day 2, participants will attend lectures during the day and the Opening lecture by Dr. Manuel Sobrinho-Simões, a private concert, and a welcoming dinner at the Casa da Música of Porto in the evening.

Starting on Day 3, the Course schedule will consist in alternating days of travel and lecturing. The travel days will be composed of 3 walks about 12 Km/7.4 miles long each, combined with approximately 205 Km/127 miles on bus. The walking stretches have been selected in each instance by taking into account their attractiveness and ease. The motorized portion of the trip will take place on luxury buses rented for the exclusive use of the participants for the entire duration of the Course. In addition, a small van will be on-call to assist Course participants during the walking stretches if needed. Additional facilities will include medical emergency services, local guides, and a photographer who will document on pictures and videos the progress along the route.

Each of the lecture days will take place in the Auditorium of a local institution of a different city (Porto, Viana de Castelo, Baiona and Santiago) under the auspices of a local host pathologist. There will be 7 lectures in the morning (with a coffee break between the third and the fourth) and 6 lectures in the afternoon. The last lecture of the day will end at 5.30 P.M., thus giving the Course participants about 3 hours to visit that particular city with the help of the tour guide or on their own.



During Day 3 (the first walking day) we will tour Porto in the morning and walk from Ponte de Lima to Labruja along the Route Braga-Ponte de Lima-Valença (12 Km/7.4 miles) in the afternoon. This was the way followed by St. Francis of Assisi, the first Portuguese kings, and Queen Santa Isabel in 1325.

During Day 5 (the second walking day) we will go from Âncora to Caminha (at the mouth of the Minho river) following the Porto-Viana do Castelo-Caminha-Valença-Tui route (12 Km/7.4 miles). This route, known as the “maritime way”, was taken by several kings and queens during the 18th and 19th centuries, including King D. Manuel the 1st in 1502. We will cross the Minho river in the city of Caminha using the ferry boat at the end of the Rua Direita (Straight street). On the other side of the river is A Guarda, a quaint harbour village featuring the Jesuit monastery where Manuel Oliveira, the legendary 100-year-old Portuguese film maker, studied as a teenager. A Guarda is located at the feet of the Santa Tecla mountain, a perfectly conical hill, where we will have lunch. At Santa Tecla there is a very interesting Citania (the remains of a fortified dwelling from the Second Iron age) and an Archeological Museum. The accompanying persons will visit Valença and Tui during the lectures’ day in Baiona.

Day 7 (the last walking day) will be the Spanish (Galician) portion of the trip. For this, we will be walking from San Martino to Santiago, following the route along Pontevedra and Padrón, where the corpse of the Saint is said to have been brought by boat.

The interesting sights along the Way are plentiful. A chapel we will visit near Ponte de Lima was the site of a “pious robbery” by the Archbishop of Santiago at the beginning of the XII century. He took the best pieces of the Chapel and brought them to Santiago. Perhaps as a divine compensation, this chapel was enriched in medieval times by the presence of St. Abadao, an Italian Saint who was returning from Santiago and decided to settle there. During his pilgrimage to Santiago, St. Francis of Assisi visited this chapel, since he took the same route we will be following on our first walking day. D. Manuel the 1st, King of Portugal, took in 1502 the same way along the sea we will be following on the second walking day. He went to Santiago to thank the Saint for the discovery of India (1498) and Brazil (1500) by the Portuguese explorers, and donated funds to build the Hostal dos Reyes Catolicos. We will stay for two days in Viana do Castelo. In that city, D. Manuel restored the Fortress of Santiago, which will be the place for the lectures and buffet lunch. In Viana, he provided financial support for the refurbishing of the Hostal of Pilgrims, originally built in 1468 and today known as the old Hospital (Hospital Velho). Along the coast we will pass the Chapel of Saint Isidoro, where St. James is said to have performed several miraculous cures.

As in 2004, the trip climax will be the arrival to the city of Santiago on Day 7 and the entrance to the Cathedral. Since 2010 is a Holy Year in Santiago (the second of this millennium), this entrance will be through the Holy Door (also known as the Door of Forgiveness), the Cathedral door that is open only on this occasion. The last academic session will take place on the morning of Day 8 at the Medical School of the University of Santiago de Compostela and will consist of a Surgical Pathology Seminar run by Drs. Juan Rosai (5 cases), Jerónimo Forteza-Vila (2 cases) and Manuel Sobrinho-Simões (1 case), followed by the Closing Lecture by Dr. Jéronimo Forteza-Vila. The group will then attend a special mass at the Cathedral of Santiago, which will feature the great botafumeiro in full swing.

After a leisurely visit to Santiago on Friday afternoon, a gala dinner and a well-deserved restful night, the participants will be free to return to their homes on Saturday, May 29, or to begin a vacation of their own.

REFERENCES

- Brierley, John: A pilgrim’s Guide to The Portuguese Way of St. James. Porto to Santiago de Compostela. Published by Camino Guides, Scotland, 2005.
- www.caminhoportugues.web.pt said to be the most comprehensive web site on the Portuguese route. It includes information on alternative routes. (Alas, it is in Portuguese)
- The Minstrels Way. A guided walking tour along part of the Camino Portugués from Ponte de Lima to Santiago www.portugalwalks.com/tour13.htm
- Friends of the Road to Santiago. Based at Rhode Island and best contacted through their web site www.geocites.com/friends_usa_santiago

ROUTE PORTIONS ON FOOT

DAY	PORTION ON FOOT	DISTANCE
3	Ponte de Lima/Labruja	12 Km/7.4 miles
5	Âncora/Caminha	12 Km/7.4 miles
7	San Martino/Santiago	12 Km/7.4 miles



SCIENTIFIC PROGRAM

SATURDAY, MAY 22

MORNING SESSION: GASTROINTESTINAL PATHOLOGY

- 09:00-09:30 AM: Gastritis: beyond *Helicobacter pylori*
Dr. Gregory Lauwers
- 09:30-10:00 AM: Pathology and genetics of familial gastric cancer
Dr. Fátima Carneiro
- 10:00-10:30 AM: Small intestinal pathology: Topics and pitfalls
Dr. Elizabeth Montgomery
- 10:30-11:00 AM: Coffee break
- 11:00-11:30 AM: The biological meaning of intestinal metaplasia of the gastroesophageal junction
Dr. Paula Chaves
- 11:30-12:00 AM: Biopsy diagnosis of non-IBD colitis
Dr. Gregory Lauwers
- 12:00-12:30 PM: Molecular pathology tools in gastrointestinal pathology
Dr. Fátima Carneiro
- 12:30-1:00 PM: Colorectal polyps: Sporadic and syndromic
Dr. Elizabeth Montgomery
- 01:00-02:30 PM: Lunch

AFTERNOON SESSION: SKIN, SOFT TISSUES AND BONE

- 02:30-03:00 PM: New knowledge of fibro-osseous lesions of bone
Dr. Howard Dorfman
- 03:00-03:30 PM: Morphologic clues in vascular tumors
Dr. Juan Rosai
- 03:30-04:00 PM: Morphologic clues in dermatopathology
Dr. José Luis Rodríguez-Peralto
- 04:00-04:30 PM: The spectrum of benign osteoblastic tumors
Dr. Howard Dorfman
- 04:30-05:00 PM: GIST and its mimics
Dr. Juan Rosai
- 05:00-05:30 PM: Emergency dermatopathology
Dr. José Luis Rodríguez-Peralto
- 05.30 PM: End of session

MONDAY, MAY 24

MORNING SESSION: GENITO-URINARY PATHOLOGY

- 09:00-09:30 AM: Kidney: Rereading the renal cell tumors
Dr. Ferrán Algaba
- 09:30-10:00 AM: What is new in renal pathology?
Dr. María Merino
- 10:00-10:30 AM: Pseudotumors of the urinary bladder



- Dr. Robert Young
- 10:30-11:00 AM: Coffee break
- 11:00-11:30 AM: Diagnosis and classification of flat, papillary and invasive urothelial carcinoma
Dr. Jonathan Epstein
- 11:30-12:00 AM: Grading of urologic tumors: Is it still useful?
Dr. Ferrán Algaba
- 12:00-12:30 PM: Radical prostatectomy: Processing, staging and prognosing – Part I
Dr. Jonathan Epstein
- 12:30-01:00 PM: Radical prostatectomy: Processing, staging and prognosing – Part II
Dr. Jonathan Epstein
- 01:00-02:30 PM Lunch

AFTERNOON SESSION: HEMATOLOGY AND GENITO-URINARY PATHOLOGY

- 02:30-03:00 PM: Differential diagnosis of classic Hodgkin's lymphoma
Dr. Jerónimo Forteza-Vila
- 03:00-03:30 PM: Advances in the molecular morphology of hematopathology
Dr. Fabio Facchetti
- 03:30-04:00 PM: Burkitt lymphoma and diffuse aggressive B-cell lymphoma
Dr. Jerónimo Forteza-Vila
- 04:00-04:30 PM: Tumors of the spleen
Dr. Fabio Facchetti
- 04:30-05:00 PM: Mimickers of prostatic intraepithelial neoplasia
Dr. Jonathan Epstein
- 05:00-05:30 PM: The problematic testicular tumor
Dr. Robert Young
- 05:30-06: 00 PM: Ovarian tumors of the young
Dr. Robert Young
- 06: 00 PM: End of Session

WEDNESDAY, MAY 26

MORNING SESSION: BREAST AND GYNECOLOGIC PATHOLOGY

- 09:00-09:30 AM: Will molecular classification replace traditional breast pathology?
Dr. Stuart Schnitt
- 09:30-10:00 AM: Correlation between gene GEP-based molecular and conventional morphologic classification of breast cancer
Dr. Fattaneh Tavassoli
- 10:00-10:30 AM: Identifying therapeutic targets in clinical practice: Lessons learned from the HER2/Herceptin story
Dr. Stuart Schnitt
- 10:30-11:00 AM: Coffee break
- 11:00-11:30 AM: Lobular neoplasia: Evolution of its significance and morphologic spectrum
Dr. Fattaneh Tavassoli
- 11:30-12:00 AM: Problems and pitfalls in the interpretation of endometrial biopsies
Dr. Robert Kurman



- 12:00 AM-12:30 PM: Malignant mesothelioma mimicking ovarian cancer
Dr. María Merino
- 12:30-1:00 PM: Serous borderline tumors of the ovary: Beyond the border of the borderline
Dr. Robert Kurman
- 01:00-02:30 PM: Lunch

AFTERNOON SESSION: THYROID AND CYTOPATHOLOGY

- 02:30-03:00 PM: Hot topics in papillary thyroid carcinoma
Dr. Manuel Sobrinho-Simões
- 03:00-03:30 PM: The pathologist's role in familial non-medullary thyroid tumors
Dr. José Cameselle Teijeiro
- 03:30-04:00 PM: Thyroid cytology: Is FNA still the best first diagnostic approach?
Dr. Fernando Schmitt
- 04:00-04:30 PM: Uncommon tumors of the thyroid gland
Dr. José Cameselle Teijeiro
- 04:30-05:00 PM: Molecular pathology: Diagnostic and prognostic relevance
Dr. Manuel Sobrinho-Simões
- 05:00-05:30 PM: Demystifying molecular cytopathology
Dr. Fernando Schmitt
- 05.30 PM: End of session

FRIDAY, MAY 28

SURGICAL PATHOLOGY SEMINAR

- 10:00- 10:20 AM Case 1
Dr. Juan Rosai
- 10:20- 10:40 AM Case 2
Dr. Jerónimo Forteza-Vila
- 10:40- 11:00 AM Case 3
Dr. Juan Rosai
- 11:00- 11:20 AM Case 4
Dr. Manuel Sobrinho-Simões
- 11:20- 11:40 AM Case 5
Dr. Juan Rosai
- 11:40- 12:00 AM Coffee break
- 12:00 AM – 12:20 PM Case 6
Dr. Jerónimo Forteza-Vila
- 12:20 – 12:40 PM Case 7
Dr. Juan Rosai
- 12:40 – 01:00 PM Case 8
Dr. Juan Rosai

CLOSING LECTURE

- 01:00 – 02:00 Closing lecture
Dr. Jerónimo Forteza-Vila



MEETING SCHEDULE



DAY 1 (FRIDAY 21)

Arrival of participants to Porto throughout the day.
Reception and delivery of course documentation at the Hotel. Accommodations:
Tiara Park Atlantic Porto Hotel, Porto
07:30 – 10:00 PM Buffet dinner at the Tiara Park Atlantic Porto Hotel, Porto

DAY 2 (SATURDAY 22)

COURSE OPENING

07:30 – 08:30 AM Breakfast at the Tiara Park Atlantic Porto Hotel, Porto
08:35 AM Bus transfer to Conference Center (Almeida Garret Municipal Library)
09:00 – 10:30 AM Lectures
10:30 – 11:00 AM Coffee break
11:00 AM – 1:00 PM Lectures
01:00 – 02:30 PM Lunch in Conference Center for participants
02:00 PM Lunch for accompanying persons
02:30 – 05:30 PM Lectures
07:30 PM Transfer to Casa da Música
08:00 PM Opening lecture (M. Sobrinho Simões, M.D.), welcoming dinner and concert at Casa da Música, Porto

DAY 3 (SUNDAY 23)

PORTO – VIANA

07:30 – 08:30 AM Breakfast at the Tiara Park Atlantic Porto Hotel, Porto
08:45 AM Bus transfer to Porto Cathedral and visit
10:45 AM Bus transfer to Ponte de Lima
12:00 PM Arrival to Ponte de Lima and visit
01:00 PM Lunch in Ponte de Lima
02:45 PM Walk from Ponte de Lima to Labruja, (inland route) 12 km / 7.4 miles
06:30 PM Transfer to Viana do Castelo
08:30 PM Dinner at respective hotels in Viana do Castelo

DAY 4 (MONDAY 24)

VIANA COURSE

07:30 – 08:30 AM Breakfast at respective hotels
08:35 AM Bus transfer to Conference Center (Auditorium of Santiago Fortress)
09:00 – 10:30 AM Lectures
10:30 – 11:00 AM Coffee break
11:00 AM – 1:00 PM Lectures
01:00 – 02:30 PM Lunch in Santiago Fortress for participants
02:00 PM Lunch for accompanying persons
02:30 – 6:00 PM Lectures
08:15 PM Transfer from respective hotels to Restaurant Hotel Santa Luzia
08:30 PM Dinner at Restaurant Hotel Santa Luzia



DAY 5 (TUESDAY 25)**VIANA – BAIONA**

07:30 – 08:30 AM Breakfast at respective hotels
08:45 AM Bus transfer to Âncora
09:30 AM Walk from Âncora to Caminha, (coastal route) 12 km /7.4 miles
01:00 PM Transfer by boat and bus to Monte Santa Tecla
02:45 PM Lunch in Monte Santa Tecla
05:00 PM Bus transfer to respective hotels in Baiona
08:30 PM Dinner at respective hotels

DAY 6 (WEDNESDAY 26)**BAIONA COURSE**

07:30 – 08:30 AM Breakfast at respective hotels
08:35 AM Bus transfer to Conference Center (Auditorium of Parador)
09:00 – 10:30 AM Lectures
10:30 – 11:00 AM Coffee break
11:00 AM – 1:00 PM Lectures
01:00 – 02:30 PM Lunch at the Parador for participants
02:00 PM Lunch for accompanying persons
02:30 – 05:30 PM Lectures
08:30 PM Dinner at respective hotels

DAY 7 (THURSDAY 27)**BAIONA – SANTIAGO**

07:30 – 08:30 AM Breakfast at respective hotels
08:45 AM Bus transfer from Baiona to Vilagarcía de Arousa Port
01:00 PM Catamaran trip along the Ría de Arousa, Santiago maritime route, Arousa Sea
02:30 PM Arrival at Pontecesures and bus transfer to restaurant San Martiño
02:45 PM Lunch at Restaurant San Martiño
04:00 PM Walk from San Martiño to Santiago, 12 Km/7.4 miles (inland route)
08:00 PM Transfer to respective hotels in Santiago
09:00 PM Dinner at respective hotels

DAY 8 (FRIDAY 28)**SANTIAGO – COURSE AND CLOSING CEREMONY**

08:30 – 09:30 AM Breakfast at respective hotels
09:35 AM Bus transfer to Conference Center (Auditorium of the Medical School, University of Santiago)
10:00 – 11:40 AM Surgical Pathology Seminar
11:40 – 12:00 AM Coffee break
12:00 AM – 01:00 PM Surgical Pathology Seminar
01:00 – 02:00 PM Closing lecture, (Jerónimo Forteza-Vila, M.D.)
02:00 PM Lunch (participants and accompanying persons at the Medical School)
06:00 PM Mass at the Santiago Cathedral and offering to Saint James Apostle
08:30 PM Transfer to restaurant Hotel Monument San Francisco from hotels
09:30 PM Gala dinner at Restaurant Hotel Monument San Francisco

DAY 9 (SATURDAY 29)**SANTIAGO. RETURN HOME**

Depart from Santiago on your own.



CANCELLATIONS

Full refund until December 31, 2009, minus 100 Euro as administrative fee; 50 % refund from January 1 to March 31, 2009; No refund after April 1, 2010. The course will be limited to 170 participants.

PROGRAM CHANGES

The organizers reserve the right to make changes in the faculty roster and course program if unanticipated future events render them necessary.

UPDATES AND ADDITIONAL INFORMATION

Those interested in updates and additional information on this meeting are welcomed to visit the meeting web site or to contact:

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